

Sand yacht centre

Ay-Ole is the sand yacht centre of the Communauté de Communes Côte Ouest Centre Manche. All year round, we offer land sailing (sessions, trainings) from beginner to advanced, as well as recreational. Since 2019, Ay-Ole offers new activities such as sea wading, standup paddleboarding and kayaking. For recreation centres and groups of young people, workshops about making and flying weather vanes and kites are also possible.

Premises

- Club house or meeting room
- Locker rooms with showers accessible to people with reduced mobility

Practical information

- ★ Open all year round except on sundays
- ★ It is advised to book by email
- * From November to April: activities are possible by appointment only
- Some activities are only available during certain periods because they depend on the tides and the weather.

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Do not litter.



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Contact information



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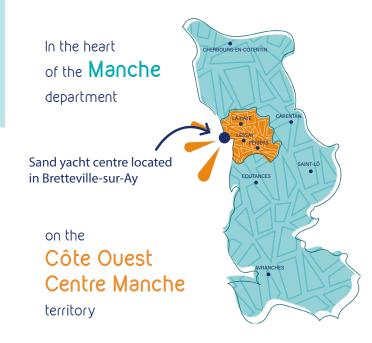
02 33 17 04 04 - 06 81 44 16 01



ay-ole@cocm.fr



www.cocm.fr





The sand yacht centre has been granted the "Normandie Qualité Tourisme" label since 2020 and the "Tourisme Responsable" label since 2024.

For further information, check www.qualite-tourisme.gouv.fr





Land sailing

Alone, with friends or in a group, for a sand yacht ride or an introductory session, Ay-Ole has a 10-km beach perfect for land sailing. Enjoy an unique view on Jersey and over the harbors of Saint-Germain-sur-Ay and Surville.

- * Available from 8 years old
- **★** Open all year round except on sundays

Kayaking / Paddleboarding

Feeling like paddling along the coast of Bretteville-sur-Ay? Ay-Ole gives you the opportunity to go kayaking or paddleboarding. These water sports will allow you to have fun while discovering the local coastline.

- * Available from 12 years old
- ★ From April till October except on sundays



Sea wading



If you would rather walk in the water, sea wading is what you need! Wearing a special suit, enjoy the coastline while walking in the sea...

- * Available from 12 years old
- ★ From April till October except on sundays

Activity prices

Prices per person

LAND SAILING - KAYAKING / PADDLEBOARDING

Supervised sessions last from 1,5 to 2 hours. One sand yacht per person. For kayaking and paddleboarding, the wet suit is included in the price.

- **★** From 1 to 3 people: **30**€ or **28**€*
- * From 4 to 8 people: **28€** or **26 €***
- ***** From 9 to 12 people: **26€** or **24€***
- * From 13 to 24 people (sand yacht): 24€ or 22€*
- **★** From 13 to 16 personnes (kayak): **24**€ or **22**€*
- **6h training** (4 sessions): **96€ or 88€***

*Rates for Côte Ouest Centre Manche residents

SEA WADING

- ***** First walk (1h session): **10€**
- ***** "Pleasure package" (10 sessions): **80**€

Group rates

For more information on group rates (work councils, associations, schools...), please contact us.

Equipements prices

For sale

- **¥** Goggles: **4€**
- ***** Gloves: **2€**

For rental

- ***** Wet suit: **3€ per session**
- Single seater kayak / paddleboard: 10€ (1h) or 15€ (2h)
- **Double seater kayak: 15€** (1h) or **25€** (2h)

Accepted means of payment

Credit card, cash, bank cheques and Wonder Box.